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Your January 30, 2021 Issue

Note from the editor: This long issue might get clipped automatically by some email programs. If that is the case for you, don't forget to click on the link at the end that says, 'read the entire message' or similar wording. Or just click on the top where it says, 'view this email in your browser'. Either way, we hope you will enjoy reading what's new and newsworthy with WLLO.

Building Our Community One Step at a Time



We at WLLO care about and for each other. You might have received cookies and or mandarins as just a small sign that we are thinking of you and are grateful that you are part of what makes WLLO into a community. Social distancing rules make it more difficult to connect. but that will not stop us.

There are also many behind the scenes efforts going on. Our volunteers loosely track communications with members. If we haven't heard from one in a while, or seen him or her on Zoom, we pick up the phone to check in and say hi or send a card to let them know we're thinking of them.

We regularly touch base with other Villages here in the Portland area (Villages NW) and share news about events and initiatives. That way, we can ensure there are a bunch of online and offline activities being offered to our members. One such idea is to organize a puzzle exchange. At the least as Villages, the pandemic has brought us closer together as a group.

Finally, WLLO is relying on all its members and volunteers for ideas that make our Village more entertaining and helpful. If you have a need, tell us about it. If you have an idea for a fun activity, share it with us. No suggestion is too small. Let's communicate more, and more often! Together, let's make WLLO stronger and better. Here is how to get in touch with us:

Phone: 503 308 8223 Email: info@wllovillage.org

Online: <https://tinyurl.com/yyfgbehq>



We welcome Sandra K., our newest member, to our WLLO family. We are so glad you've decided to join us.

Aging Wisely - Aging in Place

Pierce County, Washington, the second most populous county in Washington, created this 30-minute video about aging wisely and aging in place. It starts with a video walk through of a house with an expert pointing out areas that need improvement as its residents are getting older. The second part of the video is a group discussion that covers a wide range of topics including health, social and occupational hazards that one should be aware of while aging in place. We are convinced that watching this video will give you a better understanding of your situation as a senior citizen living at home. Pre-planning goes a long way and there are many tips for how to do that properly. A great resource that will generate ideas for yourself and your home. Have a look [here](#).



The NO-GUILT Book Club meets once a month on Zoom. Our topic for Tuesday, February 9, is Russia. We are casting a wide net from spy novels, to Dr. Zhivago, A Gentleman in Moscow, books by Robert K. Massie about Russian rulers, and of course all the classics by great Russian authors.

As always, you can read whatever you want about the theme of the month, or nothing at all. If you enjoy books and like talking and hearing about them, feel free to participate even if you haven't read anything recently.

In March, we will be discussing the book Caste by Isabel Wilkerson. That is the one chosen by "[Lake Oswego Reads](#)" for 2021. The library has copies if you are looking for one.



&



YouTube

Don't forget to check out our new WLLO video channel on YouTube. We have four videos posted so far. Here is [the link](#).

If recycling more is one of your New Year's resolutions, count on WLLO to help. We will collect your Styrofoam and can also help with the proper resting place for household batteries.

Pacific Lamp Wholesale in Beaverton takes batteries. Some Lowe's take batteries also, but please call ahead to check. Metro station in Oregon City accepts both household and rechargeable batteries. If you're planning to visit IKEA, they also have bins for battery recycling.

If there is another item that you would like to recycle and don't know how, call our office and let us know about it. Together we can figure this out.



February Birthdays

Joan W., Steven C., Bonnie M. and Kathy S. are celebrating their birthdays

in February. We wish you all health and happiness and that you'll find much joy in the year to come.



Kanopy is a popular, on-demand streaming service that offers more than 30,000 of the world's best films, including award-winning documentaries, rare and hard-to-find titles, film festival favorites, indie and classic films, and world cinema. Because of the cooperation between the firm and public libraries, library card holders will have 5 play credits each month.

Here is the [link](#) to the relevant webpage. Pick your local library and start browsing. Or start at www.Kanopy.com to learn what the company is all about.

Events in the Month of February

If you know of any event that would be a great addition to our activities, or if you have comments or suggestions about an event you attended, we want to hear from you. Please email us at info@wlovillage.org or leave us a message at (503) 308 8223.

Every Monday.
February 1, 8, 15, 22
TED Talk & Discussion

1:00 pm
Online

Each week we will choose a brief TED Talk to watch together then have a short discussion. Call or email the office for sign-in or call-in information!

RSVP required to get the dial-in information.

Thursday, February 4, 18
Online Happy Hour

5:00 pm
Online

Join us for our fun online gathering on Wednesday at 5pm. Be prepared with your own beverage and snack and let's enjoy each other's company. Contact the office (503-308-8223) or email info@wlovillage.org to get log-in details and the password.

RSVP required to get the dial-in information.

Every Friday.
February 5, 12, 19, 26

WLO is hosting a virtual gathering every Friday at 9 am. Contact the office (503-308-8223) or email info@wlovillage.org to get log-in details and the

Friday Coffee

9:00 am

Online

password.

RSVP required to get the dial-in information.**Tuesday, February 9****The No-Guilt Book Club**

10:00 am

Online

Join us for our no-guilt book club meeting where you can read whatever you want following a general theme. This time around, the focus is on Russia. We're curious to learn about your favorites in that area!

Come prepared to talk about your favorite piece of literature. If you haven't read for a while, maybe you'll be inspired after our discussion! We will send out an email with the Zoom link to all members and volunteers a day or two before the gathering. Or call the office! 503-308-8223.

RSVP required to get the dial-in information.**Tuesday, February 9****Styrofoam Day**

Pick up at your home

If you have Styrofoam that you want to get rid of, our volunteers gladly drop by your home to pick it up for proper recycling.

To schedule a pickup, call our office at 503-308-8223 and leave a message. A volunteer will return your call and will help set it all up.

Tuesday,**February 11, 25****DEI Affinity Group**

2:00 pm

Online

The DEI Affinity Group meets via ZOOM on the second and fourth Tuesdays, 2:00-4:00 pm. All village volunteers and members are invited to join the Zoom video call and listen to speakers, get DEI resources, hear what is happening in the Village Movement California and more. Join the group and share your personal experiences with ageism, sexism, ableism, racism and more. Learn more about diversity, equity and inclusion and how these social issues affect villages. To get the ZOOM link or for more information contact Jurie Lewis, DEI Affinity Group facilitator, at realestatebyjury@msn.com. Or call the office and we will facilitate the connection.



Last but not least: If you're stuck at home and bored, check out [our tips for PlayTime on our website](#). We're sure you'll find a distraction that will brighten your day.



If you know of a neighbor who is struggling or having a difficult time or have a friend with whom you haven't talked in a while, why not use this Valentine's Day as an excuse to give them a call and say hi. It will brighten their day and yours!



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