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**Your August 31, 2023 Issue**

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*Note: if your email cuts off part of this newsletter, click the link at the very top that says 'View this email in your browser'. Enjoy reading what's new and newsworthy with WLLO!*

This month's articles (click the title to jump directly to it):

- [News and Newsworthy](#)
- [September Birthday Celebrations](#)
- [Meet Our Villagers](#)
- [No Guilt Book Club](#)
- [Terry's Earth Friendly Tips](#)
- [Village Leadership](#)
- [Community Corner](#)
- [\[WLLO Events\]](#)

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## NEWS AND NEWSWORTHY

Thanks to the efforts of many, the weekend of August 19<sup>th</sup> was full of "Drop By - Say Hi" cheer. We got to hear the stories of nice chats, catch-ups, and new opportunities to get to know each other. A special thank you to the drivers who visited our volunteers and members, and exchanged their bags. And thanks to everyone who had their bags ready to exchange! Not to be left out, a special thank you goes to New Seasons for supporting our mission!



Welcome to Sophia E. who joined WLLO the beginning of August. We're happy to have you as a village member and hope to get to know you better very soon.

The revamped newsletter is still a work in progress. This month we've added a Meet & Greet section as an opportunity to get to know our volunteers and members better. We'll be highlighting the heart of our village - the kindness and efforts of all as seen by individuals in our community.

We've also deleted the WLLO Monthly Calendar and Shared Village Events. The purpose is to make the newsletters shorter, more manageable on whatever device you are using, and to refer you to your Week-At-A-Glance emails and our website calendar (which is printable). We will occasionally highlight major village shared events.

We're adding a "Red Hot Recommendations" section next month. This section is for sharing member recommendations on classes, books, recipes, TV shows, movies, etc. Not Village recommendations, but those of your friends and neighbors. Please let us know via email, phone message, or at any of our Zoom events, things you'd like to share.

As always, we look forward to your feedback and are open to suggestions. Please feel free to call or email.

Terri Kraemer's video of her travels to Newfoundland and Labrador is now available on WLLO's youtube channel: <https://www.youtube.com/watch?>

You can also head for our website [willovillage.org](http://willovillage.org) at any time, select Activities and Recycling and you'll have access to current and past Terry's Earth friendly articles. Please feel free to share with your friends and neighbors.

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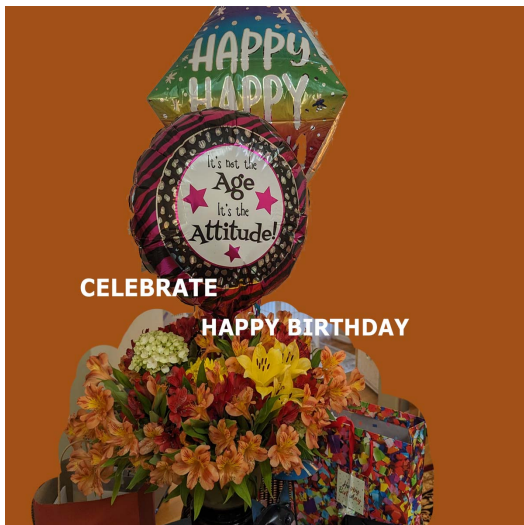
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## SEPTEMBER BIRTHDAY CELEBRATIONS

We're happy to be celebrating birthdays with Sandy J., Anita M., Sophia E., Marge W., and Pamela H. We'll give you a call and be stopping by. Wishing you a special day and year to come!

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## MEET AND GREET

Get to know our villagers better, both volunteers and members



## **DON SLAKIE**

### **WLLO Volunteer Extraordinaire**

Donald Slakie is one of our many wonderful WLLO Volunteers who helps WLLO Village members with minor home repairs. Donald first started with us in August of 2019. And to date, he has fulfilled an amazing 67 WLLO member service requests for minor home repairs! This includes repairing many annoying things that are apt to go wrong in my own house.

Donald always brings his smile. He talks with me about what he thinks the problem might be, before jumping right in to fix it. Donald has bested faucets, cabinet brackets, even a new garbage disposal. He also has told me when a licensed professional is needed for more complex projects.

When asked about why he wanted to volunteer for WLLO Village, he said, "I retired from Georgia as a public health educator and moved back to Oregon where my three children live. (I)sic wanted to do service work, so I came to WLLO. My wife and I live in West Linn, and I enjoy helping folks stay in their homes."

It feels so nice knowing that it's one of my neighbors who is coming into my home to help me out when I need it. And Donald is the embodiment of our WLLO motto:

### **NEIGHBORS HELPING NEIGHORS STAY NEIGHBORS**

Thank you, Donald, for all that you do for me and my fellow WLLO Villagers. It's greatly appreciated, as are you!

Susan Rohrbacher, WLLO Council Member

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## NO GUILT BOOK CLUB

We're a No-Guilt book club that meets on the second Tuesday of every month. Members and volunteers are welcome even if you haven't finished the book. It's always a good discussion.

Thanks to Sue Driggs for hosting the upcoming meeting on Tuesday, September 12th, at 10:30 AM at her home. We will be discussing Bel Canto by Ann Patchett. If you want to attend and need a ride, just give the office a call, or send us an email.



For October – December, we will be discussing the following books, which you can check out from our local library:

October: The Tao of Pooh by Benjamin Huff

November: Wrong Place Wrong Time by Gillian McAllister (Make sure you have the right book - there are two books with this title.)

December: Women Rowing North - Navigating Life's Currents and Flourishing As We Age by Mary Pipher

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## TERRY'S EARTH FRIENDLY TIPS



### **Reduce: Part I**

September 2023

By

Terence M. Shumaker

[shufly46@comcast.net](mailto:shufly46@comcast.net)

And I'm not talking about your weight. That's a personal issue we all must deal with on our own.

I'm talking about consumption and how that relates to our use of fossil fuels.

It's difficult to ignore one of the all-consuming issues of the day, climate change. And in spite of all the proof collected by scientists worldwide, some people are still skeptical about its veracity. But regardless of your beliefs, science is still true. We are pumping greenhouse gasses (CO<sub>2</sub> and methane),

into the atmosphere, and it is adversely affecting our climate. ...

***Continue reading by clicking on the link below.***

[wllovillage.org/recycling](http://wllovillage.org/recycling)

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## VILLAGE LEADERSHIP

villages Leadership: Listen, Lunch, Learn

Villages: Viable, Sustainable, Thriving

Monday, October 2, 10:00 am – 2:00 pm

First Presbyterian Church

4300 Main Street, Vancouver (right off I-5)

Hosted by Villages NW

RSVP by September 29, <http://evite.me/8ZnvvmzUZs>

Do you love being a villager? Keep the Village strong and thriving by finding your own path to action and help others to do the same by getting a little more involved. Any villager interested in learning from other Villages by sharing ideas and building new skills is welcome to attend this workshop.

This is the second in a series of leadership workshops resulting from a recent survey of Village leaders. The workshop will consist of a panel drawn from Villages. You will have the opportunity to work in small groups as well as ask questions and gather ideas from other villagers. Box lunches will be provided.

We are asking for RSVPs by September 29 so lunches can be ordered. When you RSVP, <http://evite.me/8ZnvvmzUZs>, please note in the comment section if you are vegetarian or have specific dietary limitations. If you have questions, contact [wgleadershipdevelopment@villagesnw.org](mailto:wgleadershipdevelopment@villagesnw.org) or call 503-515-1948.

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## COMMUNITY CORNER

### Community Events shared by friends and neighbors:

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#### **Emergency Preparedness Fair in Lake Oswego**

September is National Preparedness Month. To celebrate and to learn how to care for yourself and your family in the event of an earthquake, flood, winter storm, or other disaster, join us at the Emergency Preparedness Fair on Thursday, September 14, 2023. Stop by this family-friendly fair to visit approximately 20 informational booths.

**When:** Thursday, September 14, 2023

**Time:** 5 - 7:30 pm

**Where:** Lake Oswego City Hall, 380 A Avenue (throughout City Hall & in upper parking lot)

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#### **Grief Workshop w/ Dr. Terri Daniel**

In conjunction with AccentCare Hospice in Portland, Oregon, the public is invited to a **FREE** day-long workshop facilitated by Dr. Terri Daniel. These free of charge workshops help individuals and families manage the difficult journey of loss and bereavement. These workshops teach unique coping skills and healing tools not typically found in traditional counseling or support group settings, including group work, art therapy processes, family dynamic mapping, sacred ceremony and more.

**When:** Saturday Sept. 23, from 10 am – 5 pm.

**Time:** 10 a.m – 5 p.m.

**Where:** Community Room at the Christ Church Episcopal Parish  
1060 Chandler Rd - Lake Oswego, OR

**Registration Link:** [https://r20.rs6.net/tn.jsp?f=001NOyTkooiCVnrlFgZuFTirws6JfyAOSIA7meOv3UfDyZTrDzhlBZAnB0mM3UBDVMRCXsFX0LjYvOZEdMEPCTGG9N7ryFxAWXxzID2DxNnnrg2-n94gbI7w0PJIDvll\\_8AKWFqoPmRM6Jhd6WaruLUCgnCIJQ4SbLH&c=R7fcgsTe1jEY1eNktsT09wFOIKm3e9jx20\\_AOLOJ-cEXcqVqHx76Mg==&ch=nPui2Xhlsr-nRVI\\_9JKRN2i-sfEMMOPOfLFsZB-f4\\_QYBq7c75thzA==](https://r20.rs6.net/tn.jsp?f=001NOyTkooiCVnrlFgZuFTirws6JfyAOSIA7meOv3UfDyZTrDzhlBZAnB0mM3UBDVMRCXsFX0LjYvOZEdMEPCTGG9N7ryFxAWXxzID2DxNnnrg2-n94gbI7w0PJIDvll_8AKWFqoPmRM6Jhd6WaruLUCgnCIJQ4SbLH&c=R7fcgsTe1jEY1eNktsT09wFOIKm3e9jx20_AOLOJ-cEXcqVqHx76Mg==&ch=nPui2Xhlsr-nRVI_9JKRN2i-sfEMMOPOfLFsZB-f4_QYBq7c75thzA==)

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#### **Live Well Age Well** *learn to live your best with a chronic condition*

Free 6-week workshop taking you on a wellness journey and give you opportunities to improve your health and outlook on life. In conjunction with AccentCare Hospice in Portland, Oregon, the public is invited to a **FREE** day-long workshop facilitated by Dr. Terri Daniel.

These free of charge workshops help individuals and families manage the difficult journey of loss and bereavement. These workshops teach unique coping skills and healing tools not typically found in traditional counseling or support group settings, including group work, art therapy processes, family dynamic mapping, sacred ceremony and more.

**When:** Wednesdays, Sept. 20 - Oct. 25

**Time:** 1 p.m. – 3:30 p.m.

**Where:** Lake Oswego Adult Community Center  
505 G Avenue, Lake Oswego

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## WLLO Events in the Month of September

Check out our calendar on our website [homepage](#). It's easier to read and you can change how information is displayed and the calendar is also printable.

- Check your Week-At-A-Glance email. Members and Volunteers receive Week-At-A-Glance email every Sunday with detailed information for the upcoming week.
- Summary of Regularly Scheduled Events:
  - Ted Talk Discussion Group - Monday 1:30 p.m. (Cancelled on Labor Day)
  - No Host Brisk Walk Wednesdays at 9:00 a.m.
  - No Host Chat and Stroll Wednesdays at 10:00 a.m.
  - 2nd Thursday of the month - Happy Hour in person 4 p.m.
  - The 3rd and Last Friday - Coffee's are in person at 10:00 a.m.
  - All Thursdays except the 2nd, are Happy Hour on Zoom 5 p.m.
  - All Fridays except the 3rd and last are Coffee on Zoom at 9:00 a.m.
- For registration, calendar questions, or log-in help, contact the WLLO office (503-308-8223) or email [info@wllovillage.org](mailto:info@wllovillage.org) to get log-in details. (Many events are for members and volunteers only.)



- Members and Volunteers receive Week-At-A-Glance email every Sunday with detailed information for the upcoming week.

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