



## WLLO Village Newsletter

Your March 30, 2023 Issue

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*Note from the editor: This long issue might get clipped automatically by some email programs. If that is the case for you, don't forget to click on the link at the end that says, 'read the entire message' or similar wording. Or just click on the top where it says, 'view this email in your browser'. Either way, we hope you will enjoy reading what's new and newsworthy with WLLO.*

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## New and Newsworthy

Let's start with a few important announcements and pointers to relevant resources.

### **WLLO's 4th Annual Meeting is Coming up! Save the Date!**

Please mark your calendar for **Thursday, April 27, 5pm**. As before, this meeting will be on Zoom. Please let us know if you need help setting up the online viewing. We will be celebrating members and volunteers and voting on members of the Village Council. Be on the look-out on Saturday, April 22, for a special delivery to get you ready for the annual meeting.

### **April is Volunteer Appreciation Month**

Without its volunteers, WLLO simply couldn't function. We are so grateful for everything our volunteers do for our members and the community at large. Thank you from the bottom of our hearts.

### **Has it stopped raining yet? Or, it's time for yard work!**

Now is the time to be pruning roses, cutting back ferns, cleaning up from winter etc. etc. Our volunteers are happy to help. If you need some tips, there is a video on our YouTube channel that Ginny did about getting your garden ready for Spring.

### **Aging and Disability Resource Connection of Oregon**

We mentioned it before, but ADRC is such a great resource for folks who are aging and living with any disability, also caregiving training and information. Check out [their website](#) and be surprised by how much useful information you can find.

### **Food as Medicine Spring Class Starting Soon**

The new Spring class for this favorite event starts on Thursday, April 6, from 10am to noon. It runs for 6 weeks. Contact [Susannej@wllovillage.org](mailto:Susannej@wllovillage.org) for more information or to register for the class. Registration is mandatory.

If you know of any event that would be a great addition to our activities, or if you have comments or suggestions about an event you attended, we want to hear from you. Please email us at [info@wllovillage.org](mailto:info@wllovillage.org) or leave us a message at (503) 308 8223.



We are very happy to welcome Susan L., Joe R., and Tarina M. as our newest volunteers. Thank you for deciding to join. You will make our Village better!

In the meantime, if any of you know of someone who might be interested in WLLO Village - as a member or as a volunteer - please let us know. If you want to share a brief summary with your friends and neighbors, ask us for one of our brochures. We are always looking for new members and new volunteers!

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## ***Terry's Recycling Tips:***

### **Breaking News: Energizer Bunny Charged with Battery**

As always, full credit goes to Terry for putting this valuable information together.

Batteries. After you get a charge out of them, what do you do next? Whatever you do, don't toss them in the garbage or your curbside recycling bin.

In the past, your WLLO Recycling Team (RT) has picked up your used batteries to be taken to the Metro hazardous waste facility in Oregon City with all the other nasties you don't want. But that has changed. You can now include used batteries with your curbside glass bin and your waste hauler will pick them up on garbage day.

But in order to do that in a safe and responsible manner, you **MUST** follow some simple, but critical instructions. If a mix of batteries are comingled improperly in a single bag, it could be a fire waiting to happen. So, take heed and prepare your batteries as follows:

- Place all dry-cell batteries in a one-quart sealed plastic bag such as a Ziploc bag. Do not use larger bags. Dry cell batteries do not contain liquid, which is found in car batteries.
- Put tape on the ends of 6-volt and 9-volt batteries. See photos below.
- Alkaline batteries such as AAAAs, AAAs, AAs, C, D don't need ends taped
- Lithium-ion and button batteries used in watches and cameras need ends taped
- Rechargeable batteries need ends taped, as well as battery packs used in laptops and cellphones

- Place the plastic bags of batteries in your curbside glass bin, NOT your recycling bin

The following batteries are not accepted in the curbside program:

- Lead acid batteries, like those in cars: take to a battery shop or a hazardous waste facility.
- Electric bike batteries: take to a hazardous waste facility
- Any battery that contains liquid: take to a hazardous waste facility

Should you forget to prepare your used batteries in this manner, fear not, because your intrepid WLLO RT will pick them up once every four months when we collect hazardous materials.

But, in an act of kindness and concern for your WLLO RT volunteers, we would greatly appreciate your efforts to engage in the new curbside battery recycling program. We might be sparkplugs, but we don't want to be sparks.

Check out the photos below to see how to prepare your batteries for the curbside glass bin. By the way, if you don't have a plastic curbside bin, you can use any plastic crate or bucket for glass and batteries. Contact your waste hauler and they'll provide a bin for you. For detailed information about the Clackamas County battery recycling program, please visit <https://www.clackamas.us/news/2023-01-20/recycle-batteries-with-your-weekly-recycling-collection>.

The quest for lithium and other rare-earth elements such as manganese, cobalt, and nickel, used in the manufacture of high-tech devices, could have dire consequences for the environment. Therefore, it is a good first step for us to recycle all of the batteries we use. And on a general note, once we stop referring to the stuff we discard as "garbage", and instead call it "resources," we might even see our garbage collection companies referred to as "resource recovery" companies.

Hope you got a charge out of this. So, stay plugged in to this site for more electrifying news next month.

### **WLLO RECYCLING COLLECTION SCHEDULE**

Important note: Every month we pick up #6 PS Styrofoam, plastic film, and all clean clear

#1 PET and PETE plastics.

**April 11:** Cleaners, pesticides, chemicals, light bulbs, smoke alarms, paint, batteries and other hazardous materials. Metro South Hazardous Waste site reclaims and



recycles.

<https://www.oregonmetro.gov/tools-living/garbage-and-recycling/garbage-recycling-hazardous-waste-disposal-oregon-city>

**May 9:** Building materials, tools, fixtures, fasteners etc. The Rebuilding Center breathes new

life into these items. <https://www.rebuildingcenter.org/donations>

**June 13:** Electronics and everything with a power cord. PLEASE: NO LIGHT BULBS OR SMOKE DETECTORS! Free Geek rehabilitates and recycles this stuff. <https://www.freegeek.org/take-action/donate-technology>

**July 11:** Furniture, linens, dishes (no chips or cracks), kitchen utensils, mattresses/box springs, small appliances (in working condition), decorative items and artwork, rugs etc. Items are donated to the Community Warehouse. <https://www.communitywarehouse.org/give-furniture/>



## Did you know...

Oregon Revised Statute (ORS 307.250-307.283) allows a portion of assessed value of a disabled veteran's or surviving spouse's/partner's residential property to be exempt from property tax. You will need to submit a form to see if you qualify for this exemption.

If this is of interest to you, please refer to the information provided at [www.clackamas.us/at](http://www.clackamas.us/at) Once on the website, select the blue tab at the top labeled 'Exemptions and senior deferrals.'

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## April Birthdays

Our best birthday wishes to our April birthday ladies and gentlemen: Karin

M., Juli M., Jessie C., Lois E., Joyce T., Jeanne K., Margaret K., James J., Julia S. We wish you all the best, health and happiness for this year and the ones to come. Live it up!

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The NO-GUILT Book Club meets again on the second Tuesday of the month.

We enjoyed meeting in person and discussing *The Lincoln Highway* as a group during our March meeting. Our next book club meeting will once again be in person, on **Tuesday, April 14, at 10:30am.**

We will meet at Ellen S.'s house again in April. It will not be as crowded as being jammed around small tables in a coffee shop, and she will turn on the air filters and open windows for circulation. Feel free to wear a mask if this will make you more comfortable. Call the office for her address and directions.

Our theme for April is *The Seed Keeper* by Diane Wilson. This is the Lake Oswego Reads selection for 2023 and there are many interesting talks and activities scheduled in April. If anyone attends any of the talks or events, it will be fun to hear about them. If you don't read that book, that is fine – you can tell us about another book you read! Or just listen and enjoy being around other people who like to read.

**These are the upcoming books we agreed to read:**

April: The Seed Keeper by Diane Wilson (the LO Reads book selection)

May: Lessons in Chemistry by Bonnie Garmus

June: A Tale for the Time Being by Ruth Ozeki (The Multnomah County Everyone Reads selection)

July: Demon Copperhead by Barbara Kingsolver

It might be advisable to put these books on hold at the library now; they are popular and in demand!

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## WLLO Events in the Month of April

Check out our new and improved calendar on our [homepage](#). It's easier to read and you can change how information is being displayed.

If you know of any event that would be a great addition to our activities, or if you have comments or suggestions about an event you attended, we want to hear from you. Please email us at [info@wllovillage.org](mailto:info@wllovillage.org) or leave us a message at (503) 308 8223.

Please understand that some of these events are for members only. We welcome your interest and are always looking for ways to accommodate everyone as much as possible.

**Every Monday. April  
3, 10, 17, 24  
TED Talk &  
Discussion**

1:00 pm  
Online

Each week we will choose a brief TED Talk to watch together then have a short discussion. Call or email the office for sign-in or call-in information!

**RSVP required to get the dial-in information.**

**Every Other  
Wednesday. April 5,  
19  
Chat & Stroll**

10:00 am  
Luscher Park

Weather permitting, we will be meeting at Luscher Farm's parking lot off Rosemont. Watch your email for an announcement. Members and volunteers are welcome to join.

**Thursday, April 6  
Food as Medicine**

This is the start of the new Spring class. It runs for 6 weeks. Contact [Susannej@wllovillage.org](mailto:Susannej@wllovillage.org)



10:00 am - noon  
Online

for more information or to register for the class.  
Registration is mandatory.

**Every Thursday. April  
6, 13, 20, 27**

**Online Happy Hour**

5:00 pm  
Online

Join us for our fun online gathering. Be prepared with your own beverage and snack and let's enjoy each other's company. Contact the office (503-308-8223) or email [info@wllovillage.org](mailto:info@wllovillage.org) to get log-in details and the password.

**RSVP required to get the dial-in information.**

**Every Friday. April 7,  
14, 21, 28**

**Friday Coffee**

9:00 am  
Online

WLLO is hosting a virtual gathering every Friday at 9 am. Contact the office (503-308-8223) or email [info@wllovillage.org](mailto:info@wllovillage.org) to get log-in details and the password.

**RSVP required to get the dial-in information.**

**Tuesday, April 11  
The No-Guilt Book  
Club**

10:30 am  
In-person at Ellen's  
house.  
Call the office for the  
address.

Join us for our no-guilt book club meeting where you can read whatever you want following a general theme.

Come prepared to talk about your favorite piece of literature. If you haven't read for a while, maybe you'll be inspired after our discussion! Call the office for all the details and read more in the article that is posted earlier in the newsletter Tel. 503-308-8223.

**Tuesday, April 11  
Recycling**

Registration required

On the list for April are cleaners, pesticides, chemicals, light bulbs, smoke alarms, paint, batteries and other hazardous materials. Metro South Hazardous Waste site reclaims and recycles.

**Every Other  
Wednesday. April 12,  
26**

**Brisk Get Your  
Heart Pumping  
Walk**

9:00 am  
George Rogers Park

Weather permitting, we will be meeting at the lower parking lot of George Rogers Park. Watch your email for an announcement. Members and Volunteers are welcome to join.

**Thursday, April 27**  
**WLLO 4th Annual**  
**Meeting**

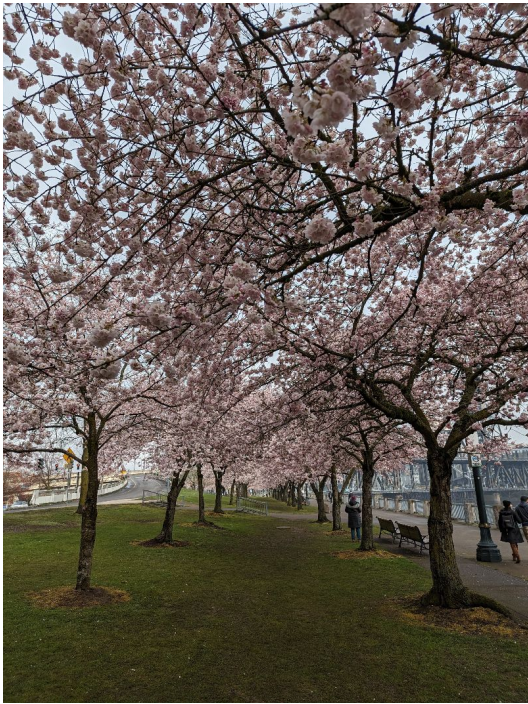
Registration required

We are hosting our 4th Annual Meeting again on Zoom. Call the office to get the log-in information. If you need assistance with viewing the meeting online, reach out and we will do our best to help you gain access. (Tel. 503-308-8223 or [info@wllovillage.org](mailto:info@wllovillage.org))

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**Spring is just around the corner. If you have the opportunity, venture out and enjoy what's blooming already.**





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## Shared Village Events in the Month of April

### **Women's Coffee In-Person**

**Wednesdays, 10:00 am**

**Jim & Patty's Coffee**

**4130 SW 117th, Beaverton**

Hosted by Viva Village

RSVP recommended, 503-746-5082 or [vivavillageevents@gmail.com](mailto:vivavillageevents@gmail.com).

### **Listening**

#### **Online Age Café**

**First Friday April 7, 11:00 am – Noon.**

**Beaverton City Library, Meeting Rooms A&B**

**12375 SW 5th St, Beaverton**

Hosted by Viva Village

Small group conversations exploring topics of interest to older adults. A new topic every month. Sponsored by Viva Village, Beaverton City Library, Beaverton Committee on Aging, and Washington County DAVS.

### **Intro to Foraging**

#### **Community Cultures Through Food**

**Friday, April 7, Noon-2:00 pm**

Hosted by Villages NW

Registration Required, email [chefigata50plus@gmail.com](mailto:chefigata50plus@gmail.com), and include

"Foraging Walt" in the subject line.

On Friday, April 7, the Foodways initiative/ Community Cultures Through Food is beginning our spring season (Wild Foods) with an Intro to Foraging. A 2-hour foraging walk from noon – 2:00 pm at the Tryon Creek State Natural Area will be led by Erika Ironwood. Erika will introduce participants to a variety of wild edible and medicinal plants that grow right here in our backyards. Erika has been a forager and herbalist for 17 years and has been teaching publicly for five years. She is committed to demystifying foraging and to encouraging stewardship of wild places in the Pacific NW.

Attendance is open to everyone (but adults only, please). Space is limited; registration is required. To register, please email [chefigata50plus@gmail.com](mailto:chefigata50plus@gmail.com) and include "Foodways: Foraging Walk" in the subject line. (Note: this class requires good shoes and weather-appropriate gear!)

### **RiverWest Potluck**

**Tuesday, April 11, 11:30-1:00**

**Patricia Whiting Hall, Metzger Park**

**8400 SW Hemlock St, Portland 97223**

Hosted by RiverWest Village

Bring a dish to share and your own plate, utensils and beverage to the indoor Patricia Whiting Hall at Metzger Park. We'll have a good time eating, appreciating the variety of food and learning what's happening in our lives.

### **Villages NW Equity, Diversity and Inclusion Group**

**Second Tuesday, April 11, 2:00 pm**

Hosted by Villages NW

Join fellow villagers – including some from other states – for this monthly discussion on equity, diversity and inclusion. Bring your voice and share an experience. Contact Jurie Lewis, [jlewis@villagesnw.org](mailto:jlewis@villagesnw.org) to be added to the distribution list.

### **Garden Tour of Elk Rock Gardens**

**Tuesday, April 18, 1:30-3:30 pm**

**Elk Rock Garden at the Bishop's Close**

**11800 S Military Lane, Portland**

Hosted by RiverWest Village

This is a lovely garden on the banks of the Willamette River in Dunthorpe. We should be able to see the magnolia trees in bloom, as well as the lower-lying flowers such as crocus, buttercup, and Lenten rose. Parking is limited; carpooling is encouraged. To carpool, we'll leave the Neighborhood House Senior Center parking lot, 7688 SW Capitol Hwy (enter from 31st Ave) at 1:30 pm. To ensure space in a car, contact [janetliu1@juno.com](mailto:janetliu1@juno.com) to let her know you are coming. If you are meeting us at the garden, we will arrive about 1:45 pm.



## **Cinema Paradiso 1988**

### **Third Thursday Movie Discussion**

**Thursday, April 20, 10:00 am**

Hosted by RiverWest Village

Watch on Kanopy and other streaming services.

In this celebrated Oscar winner for Best Foreign Language Film, a famous Italian filmmaker, haunted by the memories of his first love, returns to his hometown after an absence of 30 years. Upon his return, he connects with the community and remembers the highlights and tragedies that shaped his life and inspired him to follow his dream of becoming a filmmaker. Featuring a memorable score by Ennio Morricone, it's an irresistible, and romantic celebration of the movies. Love, loss, human connection, nostalgia, childhood - it has it all. Join the discussion:

<https://us02web.zoom.us/j/89016059225?pwd=bmhESjN0N3NhRUE3MXuesJWSWpVQ0Nrdz09>

Meeting ID: 890 1605 9225

Passcode: 486547

Attend by Phone: 253-215-8782

## **Community Safety Issues**

### **Viva Village Forum**

**Monday, April 17, 2:00 pm**

**United Methodist Church, Wesley Room**

**12555 SW 4th Street, Beaverton**

Hosted by Viva Village

RSVP Recommended. Register on the Viva Village website, [vivavillage.org](http://vivavillage.org).

Detective Cindy Herring from the Beaverton Police Department will talk with us about safety concerns in our community. Refreshments served.

## **Men's Coffee Break**

**Monday, April 24, 10:00-11:30 am**

**Ki Coffee**

**4655 SW Griffith Dr #160, Beaverton**

Hosted by Viva Village

RSVP Recommended, [vivavillage.org](http://vivavillage.org).

## **Lucy by the Sea by Elizabeth Strout**

### **Online Viva Village Book Club**

**Tuesday April 25, 1:00-2:30 pm**

Hosted by Viva Village

RSVP for Zoom link, [vivavillageevents@gmail.com](mailto:vivavillageevents@gmail.com)

The Book Club meets on the 4th Tuesday of each month. This month's book is Lucy by the Sea by Elizabeth Strout.

**Happy Hour at Chapel Pub**  
**Thursday, April 27, 3:30 pm**

**Chapel Pub**

**430 N Killingsworth St, Portland**

Hosted by North Star Village

Join us for an enjoyable afternoon at Chapel Pub. Park in the lot behind the pub or on the street. There is no need to RSVP. The menu is at

<https://www.mcmenamins.com/chapel-pub/menus/>.

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Last but not least: We put together a list of enjoyable activities on our website. Check out [our tips on our website](#). We're sure you'll find a distraction that will brighten your day.

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