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Your July 31, 2021 Issue

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Note from the editor: This long issue might get clipped automatically by some email programs. If that is the case for you, don't forget to click on the link at the end that says, 'read the entire message' or similar wording. Or just click on the top where it says, 'view this email in your browser'. Either way, we hope you will enjoy reading what's new and newsworthy with WLLO.

"Getting Together" Meetings are Taking Off

We had two wonderful get-togethers in July. Kathy has been a member since June of 2019, and May's party was the first time we met in person. It was truly lovely to get together with old friends and new ones, and those we had met on Zoom.

We enjoyed chatting about the last year and our plans for the future: travel, classes, family and the opportunities for new events. Unfortunately, two of our events had to be cancelled or rescheduled due to the weather and new masking guidelines. We hope it won't be too long before we can start these again.

Enjoy the pictures of different gathering sprinkled across this newsletter. Speaking about sprinkles...

Everyone asked for the scone recipe and suggested we put a favorite recipe in the newsletter every month. We would have to give credit Sally for introducing us to <u>Sally's Baking Addiction</u>. Here is the article about <u>the perfect Vanilla icing</u>. And here is the link to <u>the perfect blueberry scones</u>. Together it's like a piece of heaven.

Here Are Some Pictures from May's Backyard Gathering





West Linn

We want to express our deep gratitude to the City of West Linn for a \$940 grant to our organization. We will use part of the money to purchase a basic tablet if one of our members needs one. The rest will go to a membership assistance program for members whose financial situations doesn't allow them to pay for a full membership. Both are very valid causes, and we are very happy for the support.

Do You Have Questions About WLLO Village?

While many of you know what we're all about, please share with friends and families that we are holding introductory sessions again. Take an hour of your time to listen to some members who tell you what we do and how it has changed their lives. Our next event is planned for **Tuesday**, **August 3, at 5pm and Wednesday, August 18, at 10am.** See our events calendar for more details. Please help us spread the word by telling friends, family, and neighbors. If you are interested, call the office, or email us for log-in details.

Brunch at Laura's with WLLO Village Friends

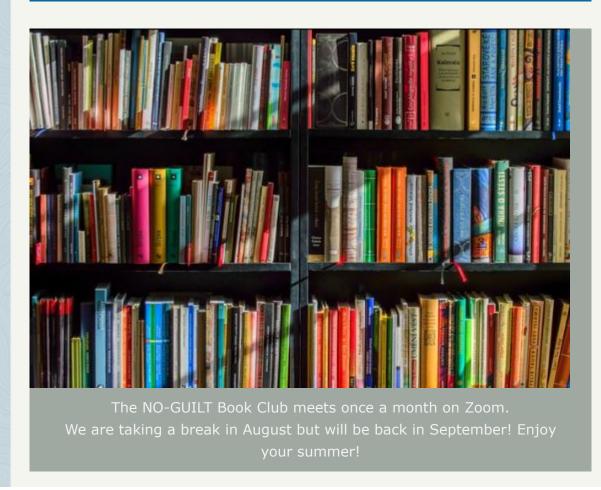


https://mailchi.mp/ff30d9516ee9/september-30-2020-newsletter-from-wllo-village-6512826?e=[UNIQID]



All of us at WLLO extend a very warm welcome to Catheryn O., our newest member, and our newest volunteer Joan C. We are very happy to have you join our family.

By the way, if anyone knows of anyone who might be interested in WLLO Village, please spread the word.





MahJong is back!

The folks that play MahJong at the West Linn adult community center are open and welcoming to new players. Our Mahjong mentors Arva and Paul Bartos are happy to provide lessons if we have anyone in WLLO Village who would like to learn. Everyone is vaccinated and we play with the doors and windows open.

The existing MahJong players meet on Friday at 1:00 to play for an hour and half or two. Arva indicates that if we have anyone who wants a refresher or a lesson, she could do it Fridays at noon.

If any members or volunteers are interested in playing MahJong or learning to play MahJong, they should please contact Ellen Steel at (503) 860-3694 or EllenS@wllovillage.org. Ellen will arrange lessons for those who are interested.



Have you been checking out our <u>YouTube</u> <u>Channel?</u> We keep on adding videos frequently. Learn about how we started, listen to members explaining WLLO and what it means to them in their own words, and relive how we managed through last year's turmoil together.



August Birthdays

In the month of July, we are celebrating the birthdays of Joan N., Janet P., Stuart E. and Susan C. A very happy birthday to all of you. Stay healthy and have lots of fun in your next ride around the sun.

WLLO Events in the Month of August

If you know of any event that would be a great addition to our activities, or if you have comments or suggestions about an event you attended, we want to hear from you. Please email us at info@wllovillage.org or leave us a message at (503) 308 8223.

Every Monday. August, 2, 9, 16, 23, 30 TED Talk & Discussion 1:00 pm Online Each week we will choose a brief TED Talk to watch together then have a short discussion. Call or email the office for sign-in or call-in information!

RSVP required to get the dial-in information.

An Opportunity to Learn About WLLO Village

5:00 pm - 6:00 pm Online

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a distance, you might appreciate the opportunity to learn more about our organization. To that end, we are going to hold 2 events in June where we present what we do and why. If evening hours are not ideal for you, we'll have another mid-morning event on June 16. Contact the office (503-308-8223) or email info@wllovillage.org to get log-in details and the password.

RSVP required to get the dial-in information.

Wednesday, August 4, 18 Chat & Stroll Walk 10 am - 11 am Foothills Park

It's called chat & stroll for a reason! Please call ahead to let us know you're coming. However, if the urge only strikes you that morning, meet us at the starting place and time. Be prepared, maybe bring your own beverage and snack and let's enjoy each other's company. Contact the office or email us to let us know you're coming (preferred).

Join us for a leisurely walk in and around Foothills Park.

Thursday, August 5, 12, 19 Online Happy Hour 5:00 pm Online Join us for our fun online gathering. Be prepared with your own beverage and snack and let's enjoy each other's company. Contact the office (503-308-8223) or email info@wllovillage.org to get log-in details and the password.

RSVP required to get the dial-in information.

Every Friday. August 6, 13, 20, 27 Friday Coffee 9:00 am Online WLLO is hosting a virtual gathering every Friday at 9 am. Contact the office (503-308-8223) or email info@wllovillage.org to get log-in details and the password.

RSVP required to get the dial-in information.

Thursday, August 12, 26 DEI Affinity Group 2:00 pm Online The DEI Affinity Group meets via Zoom on the second and fourth Tuesdays, 2:00-4:00 pm. All village volunteers and members are invited to join the Zoom video call and listen to speakers, get DEI resources, hear what is happening in the Village Movement California and more. Join the group and share your personal experiences with ageism, sexism, ableism, racism and more. Learn more about diversity, equity and inclusion and how these social issues affect villages. To get the ZOOM link or for more information contact Jurie Lewis, DEI Affinity Group facilitator, at realestatebyjury@msn.com. Or call the office and we will July 31 2021 Newsletter From WLLO Village

facilitate the connection.

Tuesday, August 10 Recycling All Day by Appointment

This month, we will be picking up construction material such as lumber, trim, siding, fencing, doors, windows, toilets, sinks and the kitchen sink.

Call or email the office to make sure you're on the list of our volunteers' route.

RSVP required to get the dial-in information.

Wednesday, August 11, 25 Brisk Walk 10 am - 11 am

George Rogers Park Parking Lot

We are taking a break in August! See you in September! The No-Guilt Book Club

10:00 am Online Join us for a brisk walk that gets your heart pumping. Please call ahead to let us know you're coming. However, if the urge only strikes you that morning, meet us at the starting place and time. Be prepared, maybe bring your own beverage and snack and let's enjoy each other's company. Contact the office or email us to let us know you're coming (preferred).

Join us for our no-guilt book club meeting where you can read whatever you want following a general theme. Beach reads is the theme for today's discussion!

Come prepared to talk about your favorite piece of literature. If you haven't read for a while, maybe you'll be inspired after our discussion! We will send out an email with the Zoom link to all members and volunteers a day or two before the gathering. Or call the office! 503-308-8223.

RSVP required to get the dial-in information.

Wednesday, August 18 An Opportunity to Learn About WLLO Village

10:00 am - 11:00 am Online If you have been following WLLO Village for a while from a distance, you might appreciate the opportunity to learn more about our organization. Contact the office (503-308-8223) or email info@wllovillage.org to get log-in details and the password.

RSVP required to get the dial-in information.

Thursday, August 26 WLLO Party 5pm - 7pm

This will be our first party since December 2019. We have so much to celebrate and be thankful for so put it in your calendar now and watch for upcoming announcements TBD

Shared Village Events (Events Organized by Other Villages)

with more details!

Here is a list of events that are being organized by our sister Villages in the Portland Metropolitan area. Please note the Village associated with the event, and who to contact for more information. If it is an in-person affair, mind travel times to get there.

Virtual First Friday "Meet the Artist" Coffee Klatsch

Friday, August 6, 10:00 am Hosted by Village at the Falls Our guest artist is our very own Bonnie Merchant who has led an interesting and colorful life filled with art, acting and a tour of Europe with the Department of Defense Overseas Shows! Hope you can join us! Here's the Zoom link to join us, https://us02web.zoom.us/j/82409571327? pwd=dGNuMGInM2NYREZkbzIHc0U1THRMdz09 All are welcome!

Online Age Café

Every Other Friday, August 6 and 20, 11:00 am Hosted by Viva Village Small group conversations exploring topics of interest to older adults. New thought-provoking topics each session. Sponsored by Viva Village, Beaverton City Library and Washington County DAVS. Contact Viva Village, vivavillageevents@gmail.com or 503-746-5082 for the meeting link.

Who Do You Think Had an Impact on History?

History and Current Events Discussion Group Friday, August 6, 11:00 am – 12:30 pm Hosted by Village Without Walls Rescheduled from July. Discuss what you have read in books, online, newspapers and magazine articles. This month's topic: Who do You Think Had an Impact on History? Each participant does a brief participation on a person that they feel had an impact (good or bad) on history. Join at: https://us02web.zoom.us/j/86366674028

Come and Walk With Us in Beautiful Columbia Park

Wednesday, August 11, 12:30 pm Hosted by North Star Village All Villages NW villagers and volunteers are invited to join our North Star

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Village walking group on a walk through Columbia Park. At just over 35 acres, this beautiful North Portland park is known for its mature (and very tall!) Douglas-firs and lindens that provide plenty of shade along its walking paths. We'll meet at 12:30 p.m. at the corner of N. Woolsey and N. Lombard to begin our walk. Stay as long as you want to; walk at your own pace as far as you want to. There is no need to RSVP. Just come and enjoy walking and socializing with other villagers.

Salon: Ensure your Choices and Autonomy Are Respected by Health Professionals and Family

Janis Landis, Past President, Final Exit Network

Zoom

Wednesday, August 11, 12:30-2:00 pm

Hosted by RiverWest Village, contact info@riverwestvillage.org, for meeting link.

Final Exit Network was founded in 2004 by former members of the Hemlock Society including that organization's co-founders, Derek Humphry and Dr. Faye Girsh.

Janis Landis, past president of Final Exit Network, will share real life stories about how individuals achieved their end-of-life goals and some illustrative examples of how failure to plan can be disastrous. She will also address what steps you can take to prepare and how to ensure your health care providers and family respect your choices and autonomy. Bring your questions.

Climate Change and Nuclear Energy

Great Decisions Discussion Group Saturday, August 14, 10:00 am – Noon Hosted by Village Without Walls To combat climate change, the US must reduce dependence on fossil fuels to reduce greenhouse gas emissions. Can using the latest nuclear power technology to replace fossil fuels be part of the solution? To attend click: https://us02web.zoom.us/j/84138707930.

Moonlight:

Third Thursday Movie Discussion Thursday, August 19, 10:00 am Hosted by RiverWest Village, contact in

Hosted by RiverWest Village, contact info@riverwestvillage.org, for meeting link.

Oscar-winner for Best Picture, Moonlight is a moving and transcendental look at the three defining chapters in the life of Chiron, a young man growing up in Miami. His epic journey to adulthood, as a shy outsider dealing with difficult circumstances, is guide by support, empathy and love from the most unexpected places.

"If you think art should challenge us, then you will embrace the writer-director

Barry Jenkins' exquisitely crafted drama, "Moonlight". It's a true American masterpiece and one of the best films of the decade. -Tirdad Derakhshani, Philadelphia Enquirer Watch the movie at your convenience any time during the month. Then join us for discussion. Bring your comments and insights.

Third Thursday Ice Cream Social in the Park!

Thursday, August 19, 4:00 pm Hillendale Park, 13216 Roseberry Ave, Oregon City Hosted by Village at the Falls Interested in what Village at the Falls is all about? Come meet our fun group of volunteers, members and guests and see how you fit in! Ice cream treats provided. Bring a friend and your own chair! No need to RSVP. Just show up. Everyone welcome! Hope to see you there!

Where the Crawdads Sing by Delia Owens

Online Viva Village Book Club Tuesday, August 24, 1:00-2:30 pm Hosted by Viva Village RSVP to Viva Village, vivavillageevents@gmail.com or 503-746-5082 for the meeting link.



Last but not least: For these hot days when it's uncomfortable to be outside, check out <u>our tips for PlayTime on our website</u>. We're sure you'll July 31 2021 Newsletter From WLLO Village

