

Phone: (503) 308 - 8223 email: info@wllovillage.org

Note: if your email cuts off part of this newsletter, click the link at the very top that says, 'View this email in your browser'. Enjoy reading what's new and newsworthy with WLLO!

This month's articles (click on the title link to jump directly to the article):

- News and Newsworthy
- Meet and Greet
- Volunteer Opportunities
- No-Guilt Book Club
- Red Hot Recommendations
- <u>Terry's Earth Friendly Tips IMPORTANT NOTICE!</u>
- Community Corner
- WLLO & Village Events

NEWS AND NEWSWORTHY

"IT TAKES ALL OF US"



Hooray! It's time for the WLLO Annual meeting. All members and volunteers please join us Sunday May 5, 2:00 - 4:00. We will celebrate another successful year, elect new village

officers and look forward to next year! Refreshments will be served.

We will be at the Oswego Point Clubhouse, 5065 Foothills Rd, Lake Oswego. Put the address into your GPS to find it easily; it is near Foothills Park. You can park at Foothills Park or along the Oswego Point Road across from the building; carpooling would be helpful.

SEE YOU SUNDAY MAY 5!!



VETTED VENDORS AND RECOMMENDED VENDORS

Members were advised upon joining WLLO that we had a "Vetted Vendor Program" managed by Villages NW. We had a list, compiled by all of the Villages, of vetted vendors. Initially the program worked but it has been lagging recently. Very few villages had volunteers willing to focus on this

project including WLLO and in-demand vendors have no need to devote the time to our vetting process these days.

With the agreement of the Villages, Villages NW is ending this program, but individual villages including WLLO will be starting a new program with your help! The new program will be an expansion of what we already do, sharing our personal recommendations for paid gardeners, house keepers, handymen in a more formal way. We will create a local (West Linn/Lake Oswego) service area list of *Recommended Vendors*. These will be recommendations from Members and Volunteers who have personally used the services of the vendor and have been pleased with the results.



JB Lockhart has stepped up to get this program started and to start, with your help, building our local collection of vendors. Many thanks to JB, who will be reaching out to members and volunteers for recommendations. Initially she will be looking for the following: Electricians, Plumbers, Housekeepers, Accountants, Appliance Repair.

GOOD FUN - VOLUNTEER APPRECIATION LUNCH A SUCCESS



It was reported that the food was good and eveyone enjoyed the opportunity to chat and get to know volunteers (members of the WLLO family) they hadn't met before or get to know better those they had already met. What a team!

Return to Table of Contents

MEET AND GREET



KARIN MOGGRIDGE

Danish born, Karin has lived and worked internationally with her designer husband Bill. After her husbands death, seeking out a new place to live, she moved to Portland where she continues her clothing design business.

During an exceptionally cold Portland winter her neighbor of a certain age, was snowed in, without power and any way of getting food. This incident was the impetus to Karin's call out on Next Door about forming a village. The result of which was a call from Chris Kennedy, our first Chair, and the forming of WLLO Village in June of 2019. Both a Member and a Volunteer, Karin is also a working artist. Karin is an example of a busy person who donates her time and efforts when she can, but that doesn't limit the number of her contributions. She has served on the Village Council, made hundreds of masks during covid, ironed logos onto our bags, and written personal notes on birthday cards. She's also hosted happy hours, council meetings and Christmas ship watching parties at her home. Karin acknowledges the benefits these contributions have brought her and hopes they have been equally good for WLLO.

Many thanks to Karin!

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Our volunteers come in all shapes and sizes, and we'll welcome your your time and contributions if you'd like to be part of the WLLO team.

VOLUNTEER OPPORTUNITIES

Village Volunteers

Each and every volunteer is important to our WLLO Village community as we are an all volunteer organization made strong by the relationships between our members and volunteers. We're looking for folks who can spare a bit of time in their schedule to:

- Write newsletter articles of interest to our audience
- Be responsible for the Village newsletter working with and editor and mailchimp technician
- Someone with a little muscle to help with gardening chores or powerwashing
- We always have opportunities for drivers

Whatever skills you are willing to share, we may be able to use. If you're thinking of joining our volunteer team email us at info@wllovillage.org or call and leave a message at 503-308-8223.

Return to Table of Contents

NO GUILT BOOK CLUB

OUR NEXT MEETING IS TUESDAY, MAY 14TH AT 10:30 AM

WLLO's No Guilt Book Club meets on the 2nd Tuesday of each month at 10:30 AM. This month, Ellen Steel will be hosting. We'll be discussing "Tom Lake" by Ann Patchett. Please bring your book suggestions for future months.



Based on a vote by book club regulars, the next books will be: Jun – Oath and Honor by Liz Cheney Jul – The Beekeeper's Apprentice by Laurie R. King Aug – Honor by Thrity Umrigar (LO Reads)

RED HOT RECOMMENDATIONS

Member & Volunteer Recommendations

EMERGENCY PREPAREDNESS NEIGHBORS HELPING NEIGHBORS

- "Major" Emergencies Roads blocked, trees and wires down, no power in wide area Recovery could take 7 10 days
- "Minor" Emergencies Confined to a local area Needed Prior to an Emergency:
- Awareness Emergencies are real and can occur at any time Form a Resident Group and Talk with your neighbors
- Educate Yourself How to prepare food, water, cooking
- Receive Training Turning off utilities, use of fire extinguishers, emergency first aid, use of and radios
- Gather Information List of Volunteer Resources in your area
- Connect with Your Neighbors Ability to distribute resource information to neighbors at start of emergency
- Supplies Emergency supplies purchased individually or as a group

To access more information

- Go to www.SeniorsAlive.net Click on "Marketplace" at the top of the page
- Scroll down to: Emergency Preparedness

Steven Unger, Moderator 5023 Foothills Rd, Apt A Lake Oswego, OR 97034 503.752.1807 - srunger72@gmail.com

Return to Table of Contents

TERRY'S EARTH FRIENDLY TIPS

Kids, Music and Pencils
WLLO CAN NO LONGER ACCEPT #6 PS OR STYROFOAM
PLASTICS DURING RECYCLING PICKUPS

Terence M. Shumaker shufly46@comcast.net



Admit it, we are all in some stage of downsizing, purging, spring cleaning or just thinking about one of those. I'm one who thinks about it, but my wife has no problem purging mercilessly. And her purging usually coincides with having encountered one of

my areas of collected items that resembles a geologic formation of sedimentary layers, ripe for an archaeological dig. She thinks her purging will be a role model for me.

But of late I've begun to stick my toe into the downsizing bucket just to test the waters. In doing so I found an enormous collection of match books, beer mats, Mad magazines, soccer team banners, office supplies and musical instruments. My efforts to sell, then give away, some of those items, lead to the frustration of dealing with people who haunt websites like Craigslist, Nextdoor and The Portland Rooster. I lump sites such as these into what I have called "FlakeSpace," because of the people who haunt those sites. But that is a subject of another article. Let's focus.

MUSIC FOR KIDS

Our focus will be on a success I had with donating musical instruments and

office/school supplies. About 40 years ago I became fascinated with dulcimers, especially hammered dulcimers, because a friend played one. So fascinated that I got a wild hair to purchase one. Luckily enough, my mother's sister's husband's brother (what is that, first uncle once removed?), was a musical instrument maker who lived in the backwoods of the Sierra Nevada foothills, and my cousin told me about him.



As a test I had him make me a mountain dulcimer. It turned out so beautiful I asked him to make me a hammered dulcimer. It too was beautiful, and I set myself a goal of learning how to play them...one day. I bought instruction books, wooden hammers and audio/video instructions. Those beautiful instruments survived moves to two different houses, and found themselves stored in several different locations during that time.

But I never learned how to play them, and nary a note resounded from their lovely innards.

As I was saying, downsizing. I wanted these instruments to find a home where I could be reasonably sure they would be played. My search turned up Ethos Music Center located in north Portland. And after a bit of research, the dulcimers found a new home where I am certain they will be used for many years for instructional and performance purposes. And perhaps they will help inspire young musicians to love and appreciate the unique Appalachian sounds



emanating from the soundboards so lovingly hand crafted in the Sierras so many decades ago.

What convinced me to donate to Ethos Music Center? In short, the last sentence of their story reads "Ethos believes all students deserve access to the well-documented benefits of music education regardless of

socioeconomic status, geographic location, abilities, religion, race, ethnicity, culture, national origin, gender identity, or sexual orientation."

With that in mind, your WLLO Recycling Team will be adding musical instruments to our collected items on May 14. This will be a special pickup, so dig through the sediment in your closets, attics, garages and sheds for those old musical instruments you haven't touched in years. But please, no pianos or harpsichords! If you're wondering what instruments Ethos needs, please check out their Wish List.

PENCILS FOR KIDS

Let's shift from making music to writing music. Or more specifically, the tools needed to write with. School and office supplies.

Since most of us are now gainfully unemployed, it's a good bet that you have a lot of stuff laying around that you don't use much of any more.

Stuff like pens, pencils, binders, tablets, file folders and a variety of other office supplies you either bought too much of, or pilfered from the company supply cabinet. Well, you can assuage your guilt about not using that stuff and give it to people who can put it to good use. Teachers and students.

My wife and I both collected office supplies. She has this love of a well-stocked supply cabinet with a plethora of pens, pencils, tablets, file folders, Post-it notes and all of the necessities of a complete home office. She loves the colors, shapes, textures and design embedded in the evolution of supplies. She seldom leaves the Container Store without some new gewgaws that catch her eyes. In terms of the hunter-gatherers, she gathered the bric-a-brac and then arranged and ordered.

Myself, being the classic, linear male hunter, would strike out on a quest to find a certain supply in the wilderness of a closet, and when I couldn't locate the elusive prey immediately, would proceed directly to Office Max and spear the needed supplies, heading home proudly proclaiming my victory. Only to be gently shown by my gatherer partner where the five packages of yellow highlighters were stashed. OMG.

Enter Schoolhouse Supplies. They'll gladly take all those pens, pencils,

highlighters, erasers, tablets and binders off your hands and put them in good hands. So, if you're interested in being able to recycle this stuff instead of tossing it in the dustbin, then check out their list of Most Requested School Supplies.

Schoolhouse Supplies is a location-specific resource where teachers and schools can obtain supplies that many students could not afford. They serve the Centennial, David Douglas, Gresham-Barlow, Parkrose, Portland Public, and Reynolds school districts. Two of these programs, the Free Store for Teachers, and Tools for Schools, serve those schools and the students who most need it and who reside in underserved neighborhoods in the Portland Metro area.

One important note, their warehouse is located on <u>NE 122nd Ave.</u> just east of the Portland airport. It's a long drive so you may want to get together with your neighbors and collect all the supplies you can and plan a field trip to Ikea to make the journey worth the time and gas (or electricity) to get there. You could also toss in lunch at Salty's on the Columbia River and make a day out of it sipping wine and watching the river flow.

Finally, if you do decide to make the trip, be sure to <u>make an appointment</u>. They are staffed by volunteers so timing is everything.

MAY 14 PICKUP DAY

As always, we pick up plastic film, (no crinkly plastic film), and all clean clear #1 PET and PETE plastics. Please, no black or colored #1 plastic. Thanks.

BUILDING MATERIALS, TOOLS, FIXTURES ETC.

We'll be relieving you of any building materials, tools, plumbing and lighting fixtures, fasteners, lumber, windows, doors (hinges attached), electrical components and any other materials that are on The WLLO Recycling Team loves to collect your stuff and send it to its next home, but we get grumpy when folks give us stuff that can't be accepted. That's why we greatly appreciate the couple of moments you take to look at the specific website of the organization we are donating to, in order to find out if what you have to give is really what they want to receive.

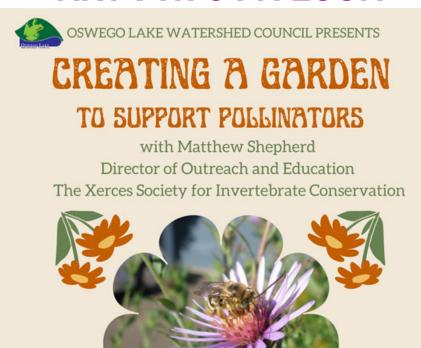
We will also conduct a one-time pickup of musical instruments and related supplies to be delivered to Ethos Music Center. Check their <u>list of accepted items</u>. If you don't see something on the list, give them a call at 503-283-8467.

Thanks so much for your cooperation, and as always, we greatly appreciate the thoughtful participation of our members. Cheers!

Review or re-reading Terry's articles by clicking on the link: https://tinyurl.com/Recycling-Articles

COMMUNITY CORNER

MAY 7TH 6 PM ZOOM







or visit **oswegowatershed.org** for registration

Join us for an introduction to the diversity and natural history of our local native bees, how to choose bee-friendly plants, and other actions you can take to make your garden a pollinator haven.



Habitat for Humanity® ReStore®

MAY 11TH 10 AM TO 12 PM

Do you have any new or gently used furniture, appliances, building materials for Habitat for Humanity?

https://pdxrestore.org/donate/guidelines/





 Palisades World Language School parking lot 1500 Greentree Ave, Lake Oswego, OR 97034

Items we accept:

- furniture
- appliances
- · lighting & electrical
- lawn & garden
- home goods
- decor
- · and more!

All items must be clean, stain-free, ready to sell as-is, and complete with all pieces.

Scan for donation guidelines



THE VILLAGE MOVEMENT OF WEST LINN & LAKE OSWEGO FREE PRESENTATION AT ADULT COMMUNITY CENTER IN LAKE OSWEGO

JUNE 5 10-11 AM

The Village Movement of West Linn & Lake Oswego is committed to ensuring that older adults can age gracefully in the comfort of their own homes. Through this supportive network, members can access a variety of services tailored to their needs, fostering a sense of beloinging and community spirit. By promoting independence, connection, and overall welli-being, the Village Movement serves as a beacon of support for older adults seeking to live life to the fullest while preserving their autonomy.

SIGN UP USING THE LINK BELOW:

https://tinyurl.com/VILLAGE-REGISTER

Return to Table of Contents

WLLO & Villages Events

Check out our calendar on our website <u>homepage</u>. It's easier to read, you can change how information is displayed and the calendar is also printable.

- Also be sure to check your Week-At-A-Glance email. Members and Volunteers receive Week-At-A-Glance emails every Sunday with detailed information for the upcoming week.
- Summary of Regularly Scheduled Events:
 - Ted Talk Discussion Group Monday 11:00 AM
 - Brisk Walk Wednesdays at 9:00 AM
 - Chat and Stroll Wednesdays at 10:00 AM
 - 2nd Thursday of the month Happy Hour in person at 4 PM
 - All Thursdays except the 2nd Thursday of each month, <u>Happy</u>
 Hour on Zoom at 4 PM
 - The 3rd and Last Friday Coffee's are in person at 10:00 AM
 - All Fridays except the 3rd and last Friday of each moth Coffee Hour on Zoom at 9:00 AM.
- For registration, calendar questions, or log-in help, contact the WLLO office (503-308-8223). To get log in details to specific events, email info@WLLOvillage.org. (Many events are for members and volunteers only.)









You can $\underline{update\ your\ preferences}$ or $\underline{unsubscribe\ from\ this\ list}.$

